

## Safeguarding Policy Document 2024/2025

Safeguarding is a term used to describe measures that are in place to protect the health and wellbeing of individuals, especially children and other vulnerable groups, to live free from abuse, harm and neglect.

Bridport Cycling club is committed to providing a safe and enjoyable environment for our cycling activities for Children, young people and Adults. As a British Cycling affiliated club we follow their safeguarding procedures and policy with a trained and enhanced disclosure checked Welfare Officer as a confidential first point of contact for any issues or incidents.

All our club members should contribute to the club, meeting its overall duty of care. Members must be aware of our club's safeguarding procedures and know what to do if they have any concerns as everyone has a responsibility when it comes to safeguarding.

By getting safeguarding right for both adults and children, we will ensure safe access to participation in sport and physical activity for everyone.

## What should I do if I have a concern?

A concern may involve the behaviour of an individual towards a child or adult whilst at the club. It may relate to poor practice or something more serious.

You may be worried that something has happened to a child or adult outside the club, at their home or any other social setting. An allegation may range from verbal bullying, to inappropriate contact online, neglect or emotional abuse, to physical or sexual abuse.

If you have a concern, it is not your responsibility to investigate further, but it is your responsibility to act on your concerns and share them by contacting the Club Welfare officer who will contact British cycling follow their safeguarding procedures.

If you believe someone may be at immediate risk of harm, call the Police or you local Social Care Department see contact details below. Club Welfare Officer Catriona Ross : cat592@mail.com

British Cycling: 0161 274 2082

Out of hours: 0161 274 2002

Email: compliance@britishcycling.org.uk

In case of an emergency situation contact

Police : 999

Dorset Children's and advice service : 01305 228866

NSPCC : 0808 800 5000

Confidentiality is essential when it comes to safeguarding and British Cycling is committed to supporting anyone reporting safeguarding concerns. Club welfare officers are DBS checked every three years, undertaking regular training and will deal with any incidents in confidence.